



Friendship Heights

VILLAGE NEWS

JANUARY 2007

301-656-2797

VOLUME 20, NO. 20



Murray Horwitz
see page 6



Tut and tulips in Philadelphia

Thirty years after the "boy king" last visited the United States and more than 3,000 years after his death, King Tutankhamun is touring the country again. Join us on a trip to Philadelphia **Sunday, March 4** and **Monday, March 5** to view the King Tut exhibit at the Franklin Institute, visit the Philadelphia Flower Show or the Pennsylvania Academy of Fine Arts (your choice), and, enjoy lunch together along the way at Simon-Pearce.

"Tutankhamun and the Golden Age of the Pharaohs" is twice the size of the 1977 exhibit and includes 130 pieces of Egyptian antiquities, many outside of Egypt for the first time. See Tut's small throne made of ebony, ivory and gold as well as his royal diadem and 50 other artifacts excavated from his tomb (only 12 of these items were displayed in the last tour). In addition there are pieces from tombs of other rulers of the 18th Dynasty or "Golden Age."

Our trip will begin Sunday morning when we depart at 9:30 a.m. and arrive in time for lunch at the beautiful Simon-Pearce Restaurant on the Brandywine River in West Chester, Pa. The menu includes a salad as an appetizer and a choice of shepherd's pie, hazelnut crusted rainbow trout, or grilled chicken sandwich as an entrée (please choose at sign-up). The dessert will be the chef's choice.

Continued on page 2

A patriotic 'George M!' at Toby's Dinner Theatre

At the turn of the 20th century when patriotism was on everyone's lips, George M. Cohan, the ultimate showman, dazzled the world with such hits as *You're a Grand Old Flag*, *Over There*, and *Yankee Doodle Dandy*. "George M!" portrays the life of a man who through adversity and struggle found success and a bright star on Broadway. Join us on **Wednesday, Feb. 28**, when we attend this high-energy, patriotic, tap-dancing story during a matinee at Toby's Dinner Theatre in Columbia.

We'll depart from the Village Center at 9:30 a.m. and should return by 4 p.m.

Our lavish buffet will include steamship round, baked Virginia ham, breast of turkey, baked chicken, steamed spiced shrimp,

Continued on page 5

Ooh-rah! and welcome to the Museum of the U.S. Marines

Join us on **Tuesday, Jan. 23**, as we visit the National Museum of the Marine Corps. We'll depart from the Village Center at 9 a.m. and travel to Quantico, Va., for a self-guided tour of this monument and museum. Here, world-class interactive exhibits surround

vistors with irreplaceable artifacts and immerse them in the sights and sounds of Marines in action. Following our visit, we'll have lunch at Madigan's Waterfront in Occoquan. Choose a crab cake platter, grilled chicken alfredo, or top sirloin as your entrée.

The menu also includes dessert and beverage. You'll also have time to explore Occoquan.

The cost is \$52, which includes transportation, admission to the museum, lunch, and all taxes and gratuities. Sign-ups begin immediately. There are 34 spaces available.

Jan. 28, 'Who's Afraid of Virginia Woolf?', page 4

CHILDREN'S PROGRAMS

A musical beginning to the new year with the Landon Symphonette

Join us for a lunchtime concert by the Landon Symphonette on **Saturday, Jan. 6**, at noon at the Friendship Heights Village Center. Led by Richard A. Weilenmann, the Landon Symphonette Chamber Orchestra features some of the area's best young performers with local veteran musicians. This January performance will include Concerto in G-Minor, RV 577; Piano Concerto in A-Minor, KV 488, by Soloist Virginia Lunn; and Symphony No. 40 in G-Minor, KV 550. The concert is free, but please call the Village Center at 301-656-2797 to let us know if you plan to attend.

Tut and Tulips, Continued from page 1

After lunch, we'll drive to Philadelphia where our home for the night will be the Doubletree Hotel near Rittenhouse Square. After check-in, you may choose to visit the world famous Philadelphia Flower Show. The theme for 2007 is "Legends of Ireland" and you can expect glorious floral and greenery displays at the largest indoor flower show in the world.

If flowers aren't your thing, you can choose instead a guided tour of the Pennsylvania Academy of Fine Arts, the nation's oldest museum and school of fine arts, whose permanent exhibit is one of the foremost collections of American art in the country. We will also see a special exhibit of paintings by Daniel Garber, American Impressionist and one of the painters of the New Hope School. Sunday evening you'll be on your own to explore the city and its many restaurants (ask us for suggestions).

Monday morning we'll enjoy a lavish breakfast at the hotel before heading over to the Franklin Institute Science Museum for our tour (with audio guides) of the spectacular "Tutankhamun and the Golden Age of the Pharaohs." Since the discovery of his tomb in 1922, Tutankhamun has captured the hearts of people around the world. Buried with him were priceless treasures beyond the imagination that give us a glittering glimpse into the past. Philadelphia is the last stop for this exhibit after a two-year, four-city tour and in each city tickets to see the jewels and precious objects were

Continued on page 3



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the February issue is January 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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Registration and Information: www.retirementorwhatnext.com

ON the GO...

A special concert at Strathmore

The BSO's new Music Director, Marin Alsop, leads a very special performance at Strathmore on **Saturday, Jan. 13** in celebration of the Peabody Institute's 150th anniversary. Featuring Strauss' colossal Al-

pine Symphony and Stravinsky's *Rite of Spring*, experience an expanded festival orchestra with the BSO and members of the Peabody Symphony Orchestra. Maestra Alsop is the first woman conductor of a major American orchestra and

this will be her first time conducting in the new season at Strathmore Music Center.

We will depart the Village Center at 7:15 p.m. and return around 11 p.m. The cost of the trip is \$63, which includes a seat in the Grand Tier (second balcony), transportation, and driver gratuity. *There is no restroom on the bus or space for a wheelchair.*

Tut and Tulips, ***Continued from page 2***

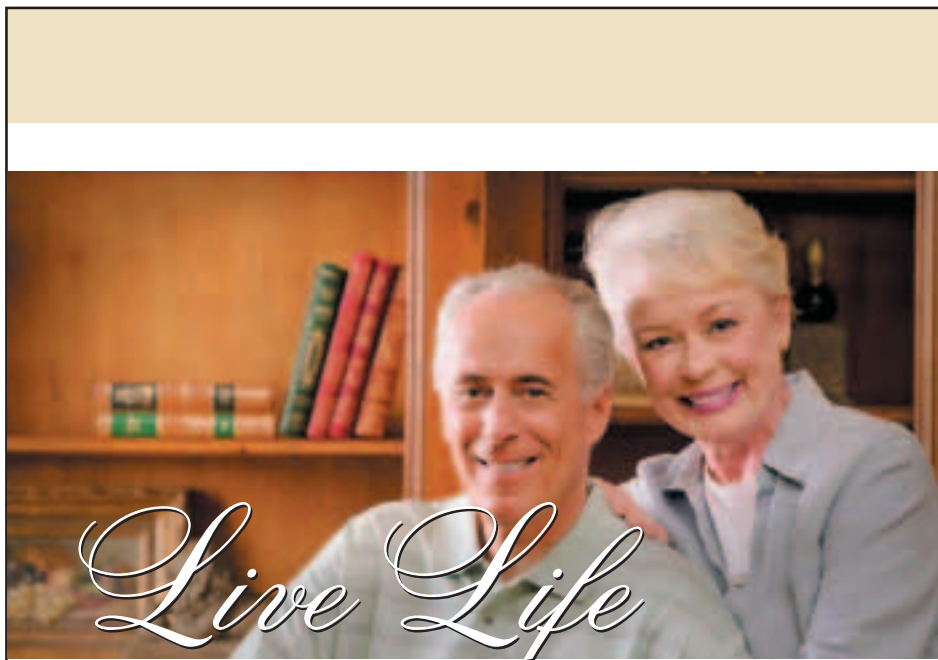
hottest in town.

Following the tour, we'll stop at a South Philadelphia cheesesteak restaurant for one of their specialties (on your own) and then begin our trip home.

The cost of the trip is \$299 per person, double occupancy until Jan. 15. After that date the price is \$324. The single supplement is \$105. The cost includes all transportation, first-class hotel accommodations with breakfast, three-course lunch at Simon-Pearce, admission to the King Tut exhibit, admission to the Flower Show or the Academy of Fine Arts, and all taxes and gratuities. Residents and one guest may sign up immediately; nonresidents may sign up Jan. 10. Information about trip insurance is available at the Center.

VILLAGE CLASSIFIEDS

Volunteers needed to play bridge with residents of Brighton Gardens Friendship Heights. Please call Terri Adams at 301-656-1900.



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Crying 'Woof'

We have wonderful seats available for the matinee performance of Edward Albee's "Who's Afraid of Virginia Woolf?" at the Kennedy Center on **Sunday, Jan. 28.**

The production features the stars of the Broadway and London runs, Kathleen Turner and Bill Irwin. In 2005 Mr. Irwin won the Tony Award for Best Actor in a Play for his appearance as George. Ms. Turner appeared in the films "Body Heat," "Romancing the Stone," "Peggy Sue Got Married," and "The War of the Roses."

We will leave the Village Center at 12:30 p.m. and return around 4:30. The cost of the trip is \$85, which includes discounted Orchestra seats, transportation, and driver gratuity. This play is not recommended for anyone younger than 16.

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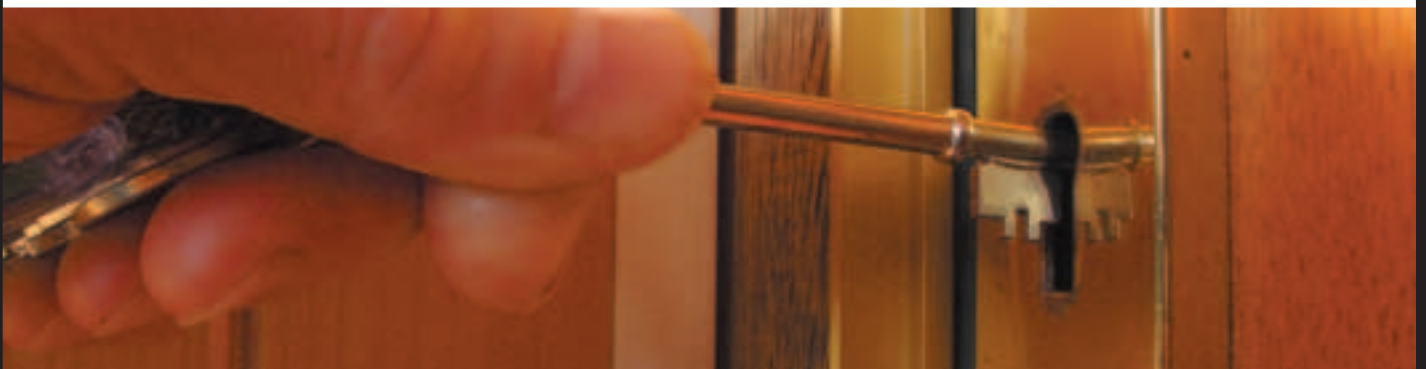


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Dinner Theater, Continued from page 1

poached salmon, pasta, steamed seasonal vegetables, a bountiful fruit and cheese board, a salad bar and Caesar salad, assorted cakes, make-your-own sundae bar, and coffee, tea, and iced tea.

The cost of the trip is \$64, which includes transportation, ticket to "George M!," the sumptuous buffet, and all taxes and gratuities.

Sign-up for residents and one guest begins immediately. Non-residents may sign up beginning Jan. 15. There are 25 spaces available.

Don't miss this musical tribute to the man who influenced and changed not only the entertainment world but the American soul forever!

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Medicine and Surgery of the Foot

Hot flashes on a cold night



Barbara Kantrowitz and Pat Wingert Kelly, two award-winning health writers for *Newsweek*, will discuss their book, *Is it Hot in Here? Or is it me? The Complete Guide to Menopause*, at the Village Center on **Thursday, Jan. 11, at 7 p.m.**

This comprehensive and witty book has everything a woman needs to know before, during and after menopause. In addition to the essentials are chapters on memory, sleep, losing middle-age weight, exercises to keep strong bones, and how to deal with dry skin and thinning hair.

Barbara Kantrowitz is a *Newsweek* senior editor whose beats include health, education, and women's issues. She was part of a Pulitzer Prize-winning team of reporters at the Philadelphia Inquirer. Pat Wingert is an award-winning journalist and correspondent at *Newsweek*. Her specialties include health, education, and demographics. The authors co-write *Newsweek.com's* popular "Her Body" health column.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase.

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All movies now begin at 7 p.m.

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As a courtesy to the movie audience...

- Turn off cell phones and pagers
- Do not arrive after starting time and try to stay until the conclusion
- Do not take any reading materials into the auditorium

Thursday, Jan. 4, 7:00 p.m., — An Inconvenient Truth —Former Vice President Al Gore shares his concerns on the pressing issue of global warming in this documentary. A long-time environmental activist, Gore first became aware of evidence of global warming in the 1970s, and since leaving public office he has become a passionate advocate for large- and small-scale changes in our laws and lifestyles that could help alleviate this crisis. Rated PG. Running Time: 95 minutes.



Thursday, Jan. 11, 7:00 p.m., — Booksigning with Pat Wingert Kelly and Barbara Krantowitz, see page 5 for details.

Thursday, Jan. 18, 7:00 p.m., — Café Muse, see page 14 for details.

Thursday, Jan. 25, 7:00 p.m., — The Devil Wears Prada — Lauren Weisberger's best-selling novel about

a young woman who stumbles into the hectic worlds of high fashion and publishing comes to the big screen in this comedy starring Meryl Streep and Anne Hathaway. Andrea "Andy" Sachs is a bright young woman from the Midwest who has just graduated from college and wants to work as a magazine writer. Although she has little interest in the garment trade, she applies for job at *Runway*, America's most prestigious fashion journal. As second assistant to editor Miranda Priestly, Andy quickly learns that Miranda is a diva with plenty of power. She soon struggles to hold on to the job and her sanity, knowing that a recommendation from Miranda can open nearly any door at any magazine. Also stars Stanley Tucci and Emily Blunt. Rated PG -13. Running Time: 109 minutes.



Murray on the Movies

Who will win an Oscar next month? Helen Mirren? Brad Pitt? That guy who played Borat? Murray Horwitz, Director and Chief Operating Officer of American Film Institute Silver Theatre and Cultural Center, will share with us his experiences as an Academy Awards judge and make some predictions for this years Oscars at the Village Center on **Tuesday, Feb. 13, at 7:30 p.m.**

Mr. Horwitz has had an extraordinary career in the performing arts, beginning with three years as a clown in the Ringling Bros. Barnum & Bailey Circus. He is the originator and co-author of "Ain't Misbehavin'," one of the longest-running musicals in Broadway history. In addition to Tony, Grammy and New York Drama Critics Circle awards for that show, Horwitz has received two Peabody Awards for his work at NPR, where he was vice president for cultural programming. He has written for the motion picture community, directed network television programs and acted on the stage, screen and television.

Please call 301-656-2797 to register.



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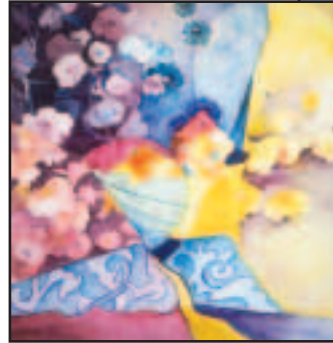
FRIENDSHIP GALLERY

Roving Artists to exhibit at Friendship Gallery

Roving Artists is a non-profit arts organization consisting of 30 Washington D.C. Metropolitan area artists creating art in several media and in a variety of styles. They will exhibit at the Friendship Gallery during the month of January.

The artists are former members of the Wilson Center Gallery, a cooperative arts group in Washington. Recent exhibitions include the National Press Club Invitational and "Interiors" at the National Women's Democratic Club and the Georgetown University Hospital.

"Together" and "Circles of Coloration" by Lieta Gerson



The show runs from January 3 to 30. All are invited to meet the artists at a reception on **Sunday, Jan. 7, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.

The winners of the December art show, Washington Water Color Association's "Watercolor Anyway," were: Anne de Fontnouvelle, first place; Barbara Weise, second place; Betty Ruhe Wright, third place; and, Marita Gerhardt, fourth place. The show was judged by Françoise Yohalem.

The paintings voted the most popular ("People's Choice") in the November art exhibit were Elinor Blackstone's watercolor entitled "Study of Octanic Color" and Grace Taylor's photograph "Turkey."

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Friendship Heights Village Center



Calendar of Events 2007

J A N U A R Y						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div>1</div> <div>New Year's Open House 2 to 4 p.m.</div>	<div>2</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 1 7 p.m.: Mat Pilates</div>	<div>3</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Beltway Brass</div>	<div>4</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: An Inconvenient Truth</div>	<div>5</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>6</div> <div>8:15 a.m.: Walking Club 9 a.m.: Tai Chi 12 p.m.: Landon Symphonette</div>
<div>7</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</div>	<div>8</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Bridge Group 2:30: Drawing and Painting</div>	<div>9</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</div>	<div>10</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: Diseases of the Aging Eye 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Barbara Martin and Mac Walter</div>	<div>11</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Is It Hot in Here?</div>	<div>12</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>13</div> <div>8:15 a.m.: Walking Club 9 a.m.: Tai Chi 7:15 p.m.: Depart for Strathmore</div>
<div>14</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>15</div> <div>Martin Luther King's Birthday Center Open 9 a.m. – 2 p.m. 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi</div>	<div>16</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING</div>	<div>17</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Whitney Wire</div>	<div>18</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Café Muse</div>	<div>19</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>20</div> <div>8:15 a.m.: Walking Club 9 a.m.: Tai Chi</div>
<div>21</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>22</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga</div>	<div>23</div> <div>8:15 a.m.: Walking Club 9 a.m.: Depart for Marine Museum 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</div>	<div>24</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Li-Ly Chang</div>	<div>25</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: The Devil Wears Prada</div>	<div>26</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>27</div> <div>8:15 a.m.: Walking Club 9 a.m.: Tai Chi</div>
<div>28</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 12:30 p.m.: Depart for Kennedy Center</div>	<div>29</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga</div>	<div>30</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</div>	<div>31</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: William Wright and Larry Eanet</div>			

Shuttle bus hours



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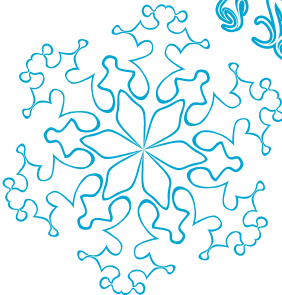
Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Note Schedule Change for Council Meeting: Tuesday, Jan. 16 8 p.m.

The January meeting of the Friendship Heights Village Council will be held on Tuesday, Jan. 16, at 8 p.m.





CLASSES and CLUBS

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.**

Please register for classes at least two days before the first session.
Classes without the minimum number of students required will be canceled.

NEW CLASSES

ACRYLIC OR OIL PAINTING

A 10-week course for all skill levels, taught by Doris Haskell, begins January 4. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends March 8. (Maximum number of students is 16).

CHINESE BRUSH PAINTING

A 10-week class taught by Helene Sze McCarthy begins January 11. Meets Thursdays from 1 to 3 p.m. Cost is \$100. Session ends March 15. A minimum of 6 students is required; the maximum is 10.

DRAWING AND PAINTING

A 10-week course for all skill levels, taught by Doris Haskell, begins January 8. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends March 26 (no class on Jan. 15 or Feb. 19). Maximum number of students is 18.

MAT PILATES

A 6-week session begins Jan. 2. Meets Tuesdays from 7 to 8 p.m. The cost is \$70 for residents and \$80 for nonresidents. This class is not recommended for pregnant women or those with serious spinal conditions. Instructor Ginger Russell has been certified in Pilates Mat-work Exercises by the *PhysicalMind Institute* and Powerhouse Pilates. Pilates tones the body from "the inside out" by teaching students to use smaller postural muscles for strength, flexibility and balance. The **Magic Ring or Circle**, adds additional sculpting and toning to these movements (the exercises in

this class may be done without the prop if you choose not to purchase it). Required equipment: Pilates/Yoga mat, large bath towel. Optional equipment: Pilates Magic Ring or Circle (Target, Amazon.com, Borders Books, and Walmart carry it). Questions? E-mail Gingerrusteach@yahoo.com. Session ends Feb. 6. Maximum number of students is 15.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins January 3. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$65. (Maximum number of students is 8). Session ends February 7.

STILL LIFE PAINTING

A 12-week course with noted artist Joan Samworth emphasizing the elements of art: line, color, texture, shape and value. Class is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Begins Jan. 4. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$165 for residents; \$170 for nonresidents. Last class is March 22.

TAI CHI (SATURDAY)

This new class begins a 6-week

session Jan. 6. Meets Saturdays from 9 to 9:45 a.m. The cost is \$30. Session ends Feb. 10. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about the class.

TAI CHI (TUESDAY)

This 6-week session begins January 9. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends February 13. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class.

YOGA (DAYTIME)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 21. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$80 for residents and \$95 for non-residents. Class will meet Jan. 21, 28, Feb. 4, 18, 25, March 4, 18, and 25. (Students who must miss a class may make it up in the Monday class with the instructor's permission).

YOGA (EVENING)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 22. Meets Mondays from 7:30 to 8:50 p.m. See description above. The cost is \$80 for residents and \$95 for non-residents. Class will meet Jan. 22, 29, Feb. 5, 12, 26, March 5, 19, and 26. (Students who



must miss a class may make it up in the Sunday class).

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

BRIDGE GROUP

An informal drop-in bridge group meets each Monday and Friday from 1 to 4 p.m. Most players are intermediate or advanced.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented every Wednesday throughout the year at 7:30 p.m. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

FHUN

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbecues, and special evenings at local restaurants. For more information, check FHUN's website at www.fhun.net. This group is not affiliated with the Friendship Heights Village Council.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

MOVIES

All are invited to enjoy a movie and popcorn most Thursdays at 7:00 p.m. at the Village Center.

There is no cost. Movie titles listed on the "Big Screen" page.

SCRABBLE

This active group of Scrabble players meets at the Center every Thursday, beginning at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

VILLAGE PLAY TIME

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

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CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall. *Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering. Kindly refrain from bringing any reading materials into the concert hall.*

Wednesday, Jan. 3– Beltway Brass —Zack Smith, known to Friendship Heights audiences as the front man for the Dixie Power Trio, returns to the Village Center with his big brass band. Beltway Brass combines soothing jazz with a little blues and little swing for an evening of great music.

Wednesday, Jan. 10 – Barbara Martin and Mac Walter – This talented duo brings great slice of life songs featuring Barbara Martin's beautiful voice and Mac Walter's masterful guitar playing to the Village Center.

Wednesday, Jan. 17 —Whitney Wire — Whitney Wire plays an eclectic mix of traditional, folk, pop, and jazz tunes. For this performance, we will play traditional American, Irish, Scandinavian and Israeli tunes, and a few Beatles and other popular songs. Whitney Wire includes: Phil Callahan - guitar; Harriet Kaplan - cello; Lorraine Silsbee - soprano recorder; Jon Simon - flute; Cindy Stock - violin.

Wednesday, Jan. 24 —Li-Ly Chang — Pianist Li-Ly Chang helps celebrate the Chinese New Year with music by Chinese composers, along with her own compositions. Chang has performed internationally beginning in her native Taiwan and including appearances in the U.S. at Carnegie Hall. She is a renown recitalist and chamber music player of both classical and contemporary repertoire.

Wednesday, Jan. 31 —William Wright and Larry Eanet —William Wright recently retired from the clarinet position in the National Symphony after three decades during which time he toured the U.S., Europe, South America and Asia. One of those rare musicians who excels both in classical and jazz, Wright has recently toured with a swing band. Larry Eanet, while classically trained, is one of the best known jazz pianists in the Mid-Atlantic area and frequently appears on the national stage at jazz festivals. Together Wright and Eanet perform a program of classical and popular pieces.



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TO YOUR HEALTH

Diseases of the aging eye

Learn about some eye diseases and problems that can occur in the senior population at this month's Suburban Health Talk on **Wednesday, Jan. 10, at 1 p.m.**

Dr. Beth Schwartz will discuss common conditions including cataracts, glaucoma, dry eye syndrome, and refraction problems that become more evident as



we age. She will describe the signs and symptoms of these conditions and the various treatment options that are available including new medications and surgery. Following the lecture, stay and hear about Suburban Hospital's exciting new campus enhancement plans.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

Thank you, thank you

A special thank you to all the Village residents who donated 374 pounds of canned and boxed food for the needy in Montgomery County. The food was delivered in mid-December to Manna Food Center of Montgomery County. Toys were also taken to a Toys for Tots collection site. Thank you making this effort a success.



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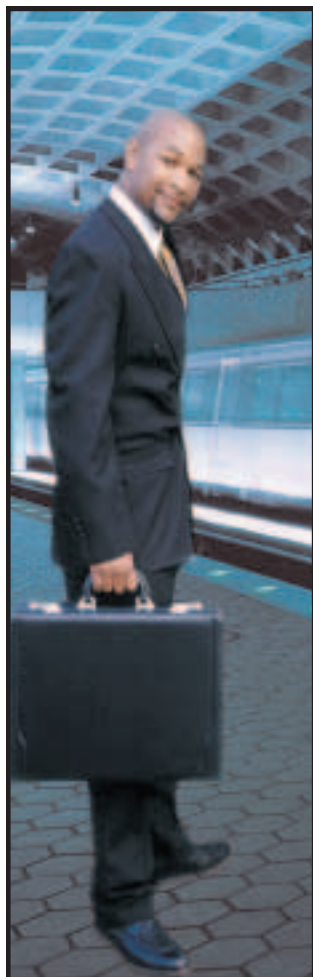
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Cafe Muse presents...

This month's Café Muse, on **Thursday, Jan. 18, at 7 p.m.**, presents poets Jean Nordhaus and Jody Bolz.

Jean Nordhaus's collection of poetry, *Innocence*, won last year's Charles W. Wheeler Prize. Her other volumes of poetry include *My Life in Hiding*, *A Bracelet of Lies*, and *The Porcelain Apes of Moses Mendelssohn*. Her work has appeared in *American Poetry Review*, *The New Republic*, *Poetry*, *Best American Poetry 2000*, and many other journals and anthologies. A poem from *Innocence* appears in 2007 Pushcart Prize: Best of the Small Presses.

Judy Bolz is the author of *A Lesson in Narrative Time*. Her poems have appeared in *The American Scholar*, *Ploughshares*, *Southern Poetry Review*, and literary anthologies. She taught for more than 20 years at George Washington University, serving twice as acting director of its creative writing program. She is an editor of *Poet Lore*, America's oldest poetry magazine. Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

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Village Council Corner

Bus Depot Reopens—Village Urges WMATA to find longterm solution

In early December our bus was allowed to go back to its stop inside the bus depot at the Metro station, along with the County Ride-on buses and some Metro buses. The Washington Metropolitan Area Transit Authority (WMATA) had considered closing the depot since some of their new buses are too tall to use it.

In a letter to WMATA, Mayor Melanie Rose White expressed concern that a longterm solution be reached so that the depot remains open for the



future. Council member Bob Schwarzbart reiterated our concern to WMATA officials at the December 12 meeting of the Friendship Heights Transportation Management District Advisory Committee meeting.

WMATA will initiate an engineering study of the depot with the Chevy Chase Land Company, which is expected to take about 4-6 months to complete.

Council seeks public input on possible changes to shuttle bus schedule

At the December 11 Council meeting, the Council discussed the problem our bus drivers are having keeping to the 20-minute schedule in the evening rush hours due to increased traffic. One suggestion is to extend the route to a 30-minute schedule during the peak periods on weeknights. The Council will discuss this further at the January 16 Council meeting. *Please let us know what you think!*

Please Note Council Meeting Schedule Change

The next Village Council meeting is **Tuesday, January 16**, at 8 p.m. at the Village Center.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

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January 2007 events calendar